



## Nutrition Facts

Serving Size 5g  
Serving Per Container 1

### Amount Per Serving

Calories 22      Calories from Fat 9

### % RENEI\*

Total Fat 1g 2%

Saturated Fat 1g 6%

Trans Fat 0g -

Cholesterol Less than 1mg Less than 1%

Sodium 7mg Less than 1%

Total Carbohydrates 3g 2%

Dietary Fiber Less than 1g 0%

Sugar 3g

Protein 1g 2%

Vitamin A 0%      Vitamin C 0%

Calcium 0%      Iron 0%

\*Percent Recommended Energy & Nutrient Intakes (% RENEI) are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000 Cal	2,500 Cal
Total Fat	Less than	65g	Less than 80g
Saturated Fat	Less than	20g	Less than 25g
Trans Fat			
Cholesterol	Less than	300mg	Less than 300mg
Sodium	Less than	2,400mg	Less than 2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Protein		45g	60g

Calories per gram: Fat 9      Carb 4      Protein 4

### INGREDIENTS:

Sugar, Vegetable Fat, Skimmed Milk Powder,  
Cocoa Powder, Whey Powder,  
Soy Lecithin and Vanillin

Contains food allergen: milk and soy