



Chili
Garlic
Flavor

Nutrition Facts

Serving Size 30g
Serving Per Container 5/6

Amount Per Serving
Calories 176 Calories from Fat 108

	% RENE*
Total Fat 12g	20%
Saturated Fat 6g	30%
Trans Fat 0g	-
Cholesterol 0mg	0%
Sodium 183mg	8%
Total Carbohydrates 15g	6%
Dietary Fiber 0g	0%
Sugar 1g	-
Protein 2g	4%
Vitamin A 33%	Vitamin C 0%
Calcium 0%	Iron 0%

*Percent Recommended Energy & Nutrient Intakes (% RENE) are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000 Cal	2,500 Cal
Total Fat	Less than	65g	Less than 80g
Saturated Fat	Less than	20g	Less than 25g
Trans Fat			
Cholesterol	Less than	300mg	Less than 300mg
Sodium	Less than	2,400mg	Less than 2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Protein		45g	60g
Vitamin A		400ug RE	525ug RE
Calories per gram:	Fat 9	Carb 4	Protein 4

INGREDIENTS:

Corn, Palm and Coconut Oil, Iodized Salt, Sugar, Hydrolyzed Plant Protein from Wheat and Soybeans, Natural Garlic, Natural Chili, Monosodium Glutamate (E621) added as flavor enhancer and Vitamin A Acetate

Contains food allergen: none

